

December 2010



Nearly the end of Term and there have been a few **changes and additions** to the information in our November newsletter.

Squad Training

- ❑ The last afternoon training for the Juniors in the competitive squad is the Wed 15 December.
 - ❑ The last training for the non-competitive squad will be Thursday 16 December.
 - ❑ FRIDAY 17th December is now our Christmas break up - Starting at 3.30 (finishing at 4.30) there will be fun relays and activities -both competitive and non-competitive squads welcome
- PLEASE NOTE** that there will **no longer** be a club night on the 23rd December- (All club champ races will be run in 2011, dates to be advised)

Holiday Training for Competitive Squad

- ❑ **CAMP 1: Wednesday 5th January -Thursday 13th January**
8am -10am swimming training
10.15-11.15 physical activity (out of pool)
3pm - 5pm swimming training
- ❑ **CAMP 2: Monday 17th January - Friday 21st January**
8am -10am swimming training
3pm - 5pm swimming training
- ❑ *Graeme is happy to provide a written training programme for those, in the competitive squad, who are unable to attend the camps, but still wish to train independently later in January -just ask!*

Upcoming Meets

- ❑ **A reminder to get your entries in for our Matamata Sponsored Meet -Sat 5th February 2011.** A great meet for all our swimmers. Many top NZ swimmers are going to attend again this year and we have also added a Junior Skins race. Please note that because of the holidays **entries will close on Wednesday 12 January 2011-don't miss out** *Remember that our non-competitive squad members can enter this meet too.*

2011 Club nights

- ❑ The next club night will be in February 2011 -date to be advised, watch out for this on the Blog <http://swimmatamata.blogspot.com/>

Squad Enrolments 2011

- ❑ We are having an enrolment day at the beginning of term 1 2011 **Tuesday 1st February 2011 -4.30pm-5.30pm** all swimmers, existing members and new members, in both competitive & non-competitive squads, **need to attend to enrol.**
Mark this date in on your calendar !

Merry Christmas and all the very best for 2011.

We look forward to **seeing you all at the enrolment day on the 1st February 2011.**

Kind Regards

Matamata Swimming Club Committee